



HORARIO MAÑANAS - 9:00 - 14:00H



	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
BOXEO	11:30-12:30H	11:30-12:30H	11:30-12:30H	11:30-12:30H	11:30-12:30H
KICK BOXING	9:45-10:45H		9:45-10:45H		9:45-10:45H
OPEN MAT	9:00-12:00H		9:00-12:00H		9:00-12:00H
JIU JITSU		10:00-11:00H		10:00-11:00H	
SALA DE FITNES	9:00-14:00H				



HORARIO TARDES - 16:00 - 22:00H



	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
BOXEO	18:30-19:30H 19:30-20:30H	18:00-19:00H 19:00-20:00H	18:30-19:30H 19:30-20:30H	18:00-19:00H 19:00-20:00H	18:30-19:30H 19:30-20:30H
BOXEO JUNIOR	18:00-19:00H	18:00-19:00H	18:00-19:00H	18:00-19:00H	
KICK BOXING	17:30-18:30H 20:30-21:30H		17:30-18:30H 20:30-21:30H		17:30-18:30H 20:30-21:30H
OPEN MAT					17:30-20:30H
MUAY THAI		20:00-21:30H		20:00-21:30H	
LIBRE		16:00-18:00H		16:00-18:30H	
JIU JITSU	20:15-21:30H		20:15-21:30H		
TAEKWONDO ALEVIN		17:15-18:00H		17:15-18:00H	
TAEKWONDO JUNIOR		18:00-19:00H		18:00-19:00H	
TAEKWONDO CADETE		19:15-20:15H		19:15-20:15H	
TAEKWONDO SENIOR		20:15-21:15H		20:15-21:15H	
KARATE JUNIOR	17:30-18:15H		17:30-18:15H		18:00-19:00H
KARATE CADETES	18:30-19:30H		18:30-19:30H		18:00-19:00H
KARATE SENIOR	19:30-20:30H		19:30-20:30H		19:00-20:00H
HAPKIDO	20:30-21:30H		20:30-21:30H		
SALA FITNES	16:00-22:00H				